



The Lancet Commission on the Diagnosis of Obesity: Nothing is more expensive than a missed opportunity

Donna H. Ryan, MD

Professor Emerita

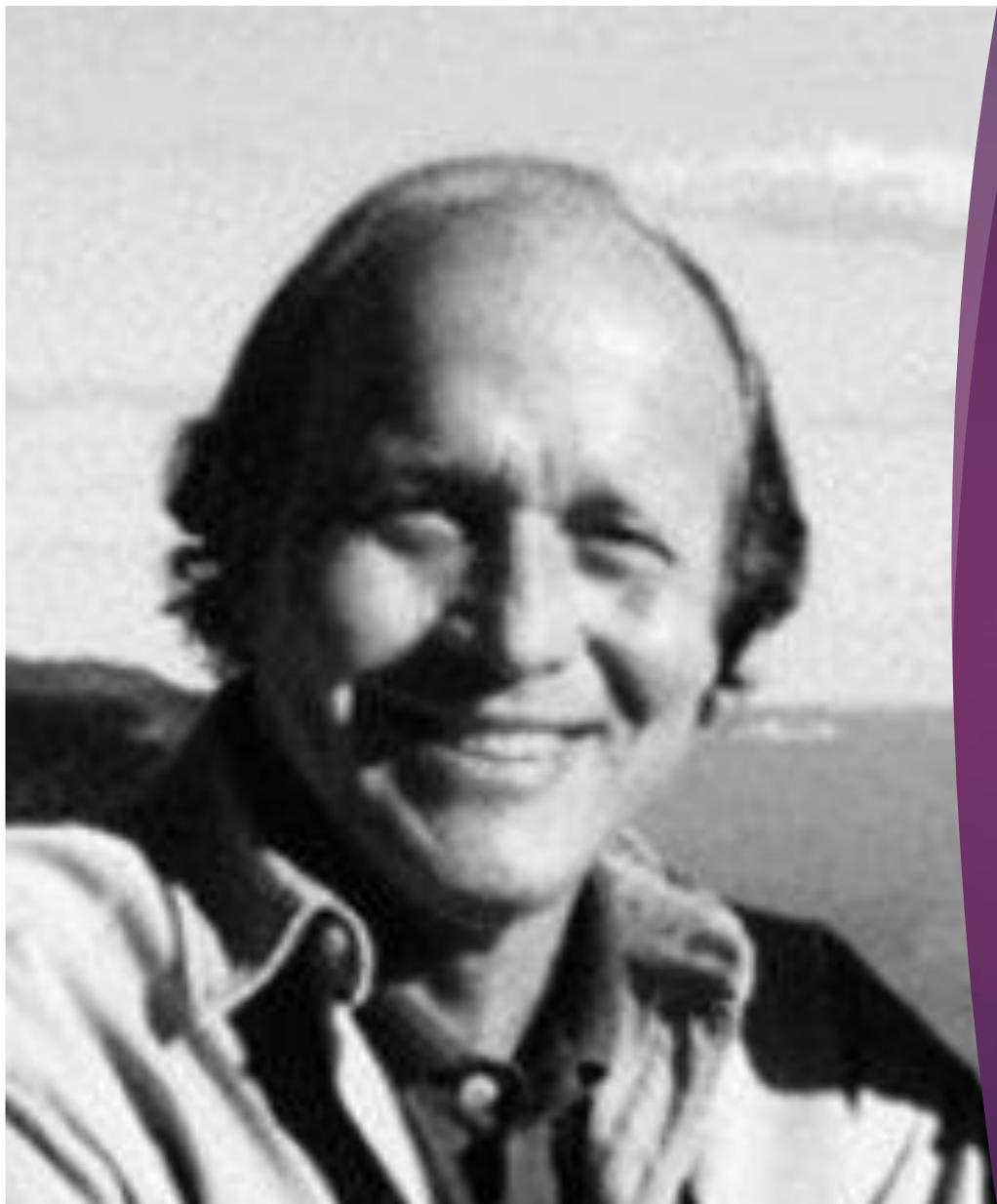
Pennington Biomedical Research Center

Nothing is
more
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than a
missed
opportunity.

Who said this?

1. Warren Buffet
2. Elon Musk
3. J.P. Morgan
4. Michael Milkin





Horace
Jackson Brown,
Jr.



A great age of enlightenment is dawning... biologic enlightenment

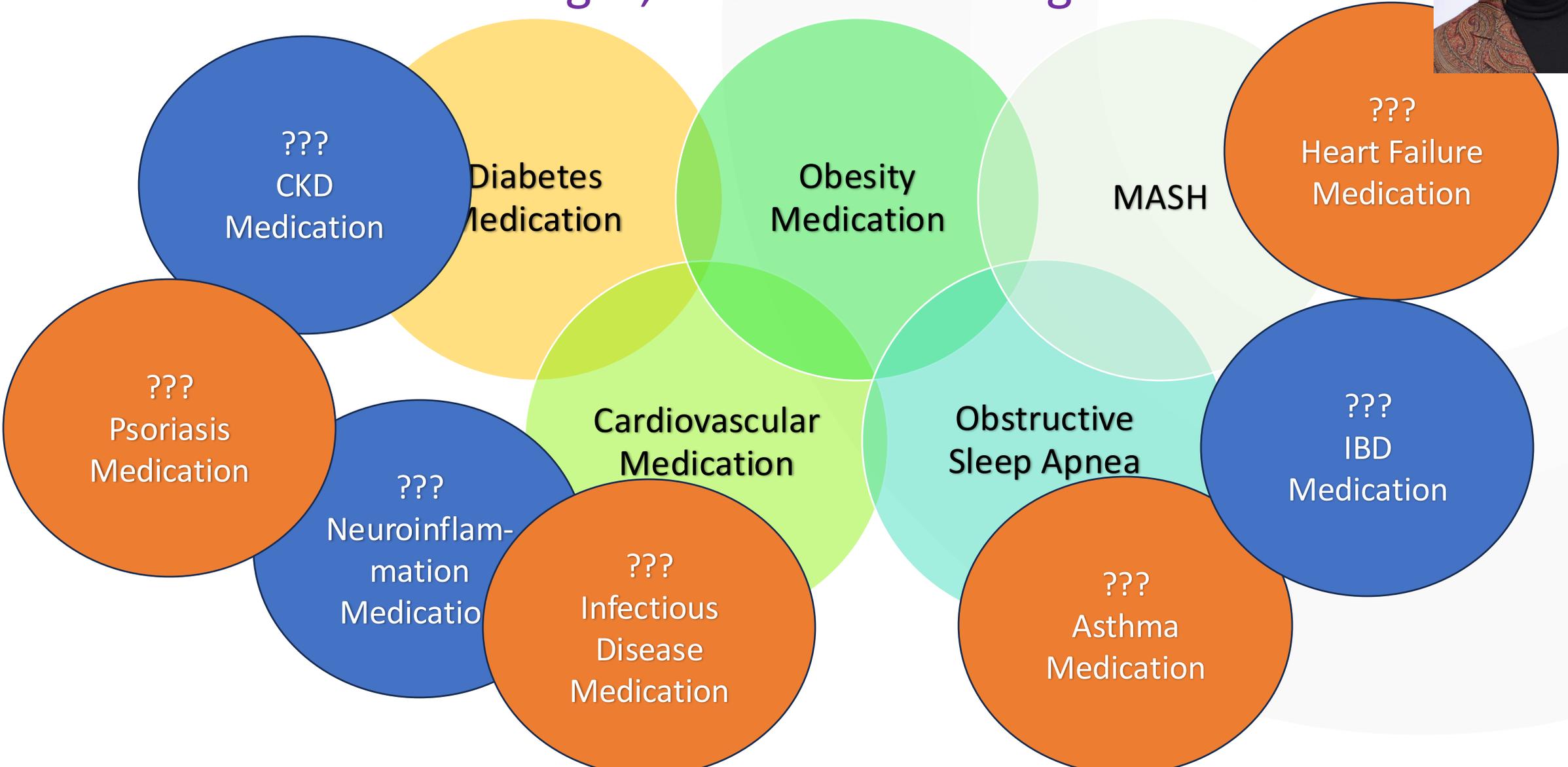


Semaglutide and Tirzepatide are the Beginning





We are gaining the ability to not only manage weight, but to also manage the NCDs



Let's prepare
for what's
coming.



Let's take the Report and mold it to where we are going, not where we've been.



Let's get serious about...

- Adoption of better technology for measuring body composition in the clinic – NOW.
- Population studies to determine body composition ideals over the lifespan
- Improving the ICD-10 and ICD-11 codes.

THEY ARE NOT GOING AWAY!

- Developing actionable steps to target-based obesity care, avoiding the emphasis on percentage mean weight loss.
- Continued advocacy for the end to obesity stigma and bias



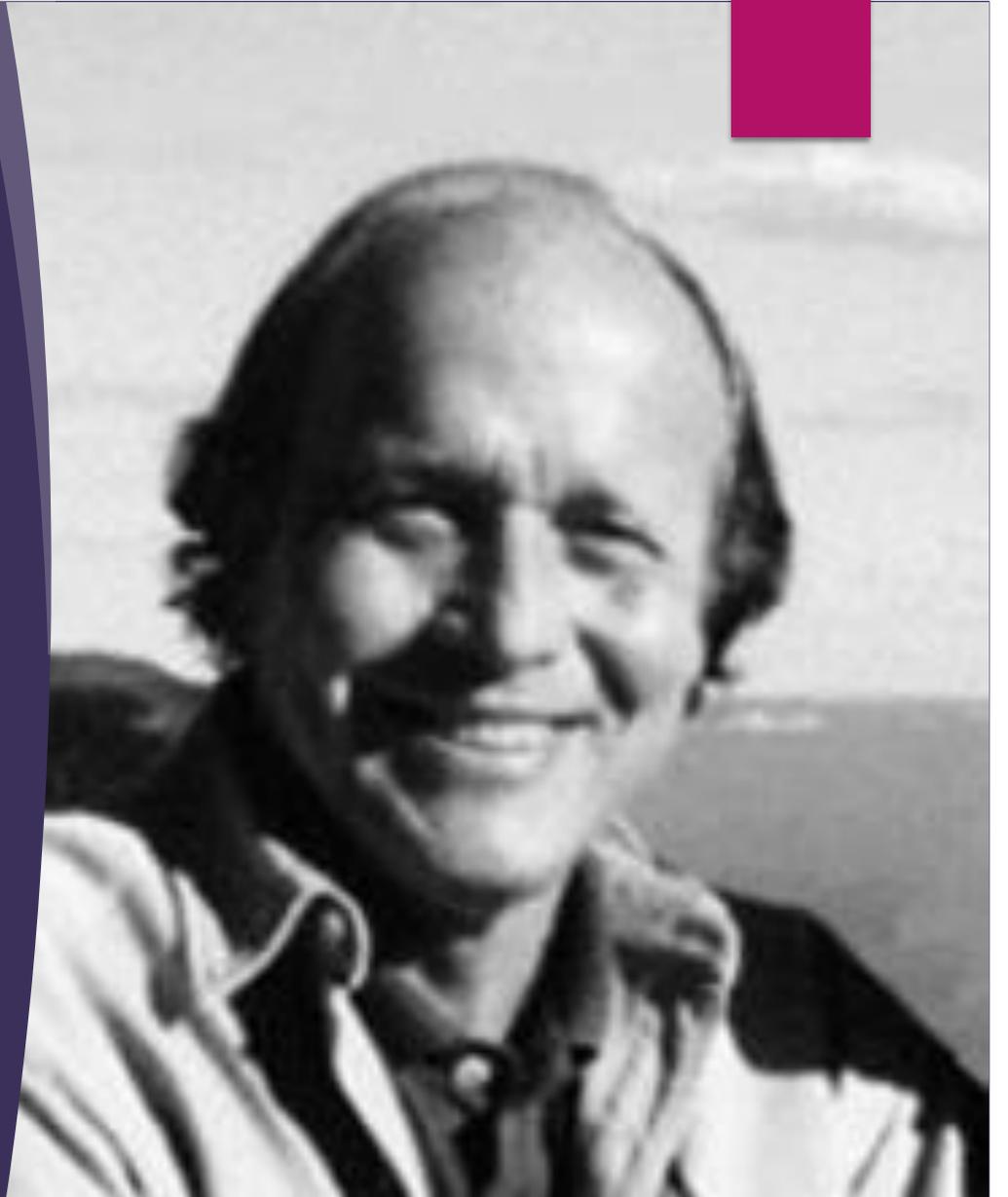


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"Twenty years from now you will be more disappointed by the things that you didn't do than by the ones you did do. So throw off the bowlines. Sail away from the safe harbour. Catch the trade winds in your sails. Explore. Dream. Discover."





Thank you!
Let's be friends!



